3WIN

This programme aims to develop techniques for optimal personal performance, apply them at the workplace and achieve optimal business results.

MODULES' CONTENT

The programme is designed to be highly participative and it is based on a modular approach.

- ◆ Each module is focused on improving 3 perspectives: individual, team and organisational performance.
- ◆ In each one, the participants will work together in 4-6 hrs workshops and co-design activities that will be applied afterwards in their job.

ADAPTABILITY AND RESILIENCE MANAGEMENT

Personal development

- ◆ Develop mental agility: prevent stress and burnout
- ◆ Distinguish growth mindset versus fixed mindset
- ◆ Set an example in the organisational culture

Team development

- ◆ Work for team agility
- ◆ Learn to live in an abundance culture

Stakeholders impact

- ◆ Work for social agility
- ◆ Manage the change

LEADERSHIP MASTERY IN THE NEW HYBRID WORLD

Personal development

- ◆ Master new leadership qualities
- ◆ Be the digital leader

Team development

- ◆ Create belonging in digital environment
- ◆ Cultivate diversity@work: intergenerational and cultural

Stakeholders impact

- ◆ Build trust and connections in a digital environment
- ◆ Stick to greater meaning and purpose

The program is powered by V+O and Happiness Academy
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PRODUCTIVITY MANAGEMENT

Personal development

- Create daily habits for high productivity
- Build stoics' approach to hardships
- Manage your time better

Team development

- Design productive teams - mastery, belonging, autonomy
- Boost your team spirit

Stakeholders' impact

- Go from good to great
- Develop a "They win" approach

COMMUNICATION PROFICIENCY FOR SOUND OUTCOME

Personal perspective

- Discover how do we share ourselves and what is the impact over others
- Practise meaningful communication to enhance collaboration and reduce conflict
- Establish personal and team wellbeing habits by means of communication

Team development

- Create bonding and connectedness
- Share common purpose, overcome common challenges
- Build stronger relationships for more positive outcomes

Stakeholders' impact

- Spread your organisation's life story
- Use purpose-driven communication as a driver for success

ENGAGE AND INSPIRE

Personal development

- Use the power of emotional intelligence
- Develop your personal leadership style

Team development

- Nourish team climate and build trust
- Impact on leadership styles

Stakeholders impact

- Define cause of existence, sense of belonging, loyalty
- Engage the community

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SOCIAL INTELLIGENCE IN ACTION

Personal development

- Improve self-awareness through mindfulness
- Discover and ignite your personal strengths @work

Team development

- Discover the strength of your team members
- Motivate your team and put their strengths to work
- Profile the team's persona

Stakeholders impact

- Boost social intelligence
- Improve stakeholder relationships

ADD-ON

On-demand Module – Custom Solution

We will address a specific issue or challenge that your company is facing. Then, we will facilitate the inside-out process of exploring it with the right tools to provide a new, effective perspective and solution-focused approach.

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